

Patricia Lenahan, LCSW, LMFT, BCETS
Associate Professor (Ret.)
UCI School of Medicine
Lloyd Rucker, MD
Professor
Department of Internal Medicine
UCI School of Medicine

Lesbian, Gay, Bi-sexual, Transgender and Intersex Health Care

Objectives:

- Introduce medical students to the health care issues of the LGBTI community throughout the life cycle
- Provide guidelines for sensitive interviewing of the LGBTI patient
- Identify common health care problems found in the LGBTI community
- Be aware of discrimination, hate crimes and violence in the LGBTI community
- Identify both patient-related and physician-related factors affecting the quality of the doctor-patient relationship

Goals:

- Increase medical student awareness of the health care concerns of lesbian, gay, bi-sexual, transgender and intersex patients
- Familiarize students with factors affecting the utilization of health care services among the LGBTI community
- Be able to conduct a sensitive medical and sexual history and physical exam
- Encourage students to identify their attitudes and feelings regarding the care of the LGBTI patient
- Provide support to the LGBTI medical students

Curricular Activities:

First Year:

- Lecture/discussion: Sensitive sexual history-taking throughout the life cycle
- AMSA Heterosexist Challenge: Given to all students prior to sexuality lecture
- Workshop: condom use desensitization: trained second year medical students teach first year medical students about condom use and disease prevention through the use of anatomically correct models. Each student

has the opportunity to practice using the model and teaching another student about condom use and disease prevention

- Standardized patient sexual history interviews:
 - Questioning adolescent who had first sexual encounter
 - 55-year-old gay male (partnered 30 years) with ED
- Panel: LGBTI members of the community discuss their experiences with health care, discrimination, cultural and religious issues
- Selective (min- elective): Cinema and Diversity: Two of the six films, Southern Comfort and The Laramie Project, address LGBTI issues
- Selective (mini-elective): LGBTI Healthcare: Students meet with individuals from the LGBTI community, resource providers and shadow physicians working in a community clinic specializing in LGBTI health care

Second Year:

- Problem-based learning sessions in sexual history-taking, family violence and diversity

Third Year:

- Pediatrics: Seminar/discussion addressing adolescent sexuality, including role-playing scenarios re: LGBTIQ patients
- OB-Gyn: Lesbian healthcare
- Family Medicine: Depression and LGBTIQ patients; Family Violence in the LGBTI community

Fourth Year:

- Advanced Patient Doctor: Students develop teaching presentations related to domestic violence including LGBTI victims

Extracurricular:

- Student initiated presentations for World AIDS Day
- Development of eQuality, a student interest group